

# 10km Results Race 3 Grabouw 2019



Sun, 6 October 2019

RaceNo	FirstName	Surname	Gender	Position	Time
969	Andrew	Louw	M	1	00:40:07
984	Marius	Oosthuizen	M	2	00:41:08
739	Willem	Burger	M	3	00:44:00
970	Helen	Macdonald	F	4	00:44:29
586	Daniel	Sims	M	5	00:46:19
722	Isak	West	M	6	00:47:07
690	Blair Jon	van der Watt	M	7	00:47:14
962	Rob	Kuipers	M	8	00:50:29
986	Melissa S	Phelps	F	9	00:50:39
683	Reze	van der Merwe	F	10	00:51:43
948	Rolf	Husselmann	M	11	00:51:45
932	Bridgid	Hamilton Russell	F	12	00:51:51
947	Francois	Hugo	M	13	00:51:54
933	Marius	Hamman	M	14	00:54:13
752	Lia	Du Plessis	F	15	00:55:22
987	Gareth	Phelps	M	16	00:56:02
884	Hilton	Allison	M	17	00:56:04
907	Anni-Mart	De Klerk	F	18	00:57:09
759	Andre	Blignaut	M	19	00:57:12
602	Riaan	Smit	M	20	00:58:24
912	JP	Duvenage	M	21	00:58:27
965	Johan	Liebenberg	M	22	00:58:31
960	Alan	Kalton	M	23	00:59:34
695	Danielle	Van Niekerk	F	24	00:59:44
903	Andrew	Colling	M	25	00:59:46
976	DANIELA	MESSINA	F	26	01:00:01
916	David	Evans	M	27	01:00:05
914	Marilee	Erasmus	F	28	01:00:13
983	Angelique	Nieuwoudt	F	29	01:00:15
896	Jessica	Bothma	F	30	01:00:33
627	JUSTIN	TAYLOR	M	56	01:00:39
895	Ronel	Botha	F	31	01:00:47
913	Neil	Ebing	M	32	01:01:09
979	Lee	Nienaber	M	33	01:01:19
713	Mieke	Whitehead	F	34	01:01:30
967	Deidre	Loedolff	F	35	01:01:43
668	Eben	Uys	M	36	01:02:04
988	Gary	Phipson	M	37	01:02:05
991	Roger	Poole	M	38	01:02:32
889	Debbie	Baker	F	39	01:03:52
989	Alan	Pitt	M	40	01:04:16
665	Jacoba Maria	Uys	F	41	01:04:25
756	Gerrit	Viviers	M	42	01:05:01
736	Liesl	Mauermann	F	43	01:05:14
754	Ali	Strydom	F	44	01:05:33
926	Martin	Giles	M	45	01:05:36
981	Piere	Nieuwoudt	M	46	01:06:05
993	Sylvia	Richards	F	47	01:06:22
924	Antoinette	Geyer	F	48	01:06:24
901	Patrick	Carroll	M	49	01:06:48
894	Sianne	Bond	F	50	01:07:04

RaceNo	FirstName	Surname	Gender	Position	Time
992	Adriaan	Prins	M	51	01:07:22
885	Chelsea	Aspeling	F	52	01:07:39
697	Erica	Van Rhyn	F	53	01:07:55
671	Willmund	van Aarde	M	54	01:07:59
555	Vicky	Shaw	F	55	01:08:01
999	Charles	Scott	M	57	01:08:18
968	Donsie	Loedolff	M	58	01:08:28
694	Retha	Van Loggerenberg	F	59	01:09:12
723	Stefan	Sharp	M	60	01:09:23
949	Mignon	Husselmann	F	61	01:09:54
934	BARBARA	HARRIS	F	62	01:10:18
709	Anika	Viviers	F	63	01:10:21
908	Xander	de Kock	M	64	01:10:37
980	Chanel	Nieuwoudt	F	65	01:10:40
714	Jacques	Wilkinson	M	99	01:11:00
915	Hannah	Esterhuysen	F	66	01:11:15
931	Christopher	Griekenouw	M	67	01:11:25
618	Lee-Zanne	Strydom	F	68	01:11:28
952	Sukaina	Ismail	F	69	01:11:30
951	Shameel	Ismail	M	70	01:11:36
659	Chris	Truter	M	71	01:12:01
899	Michele	Bruwer	F	72	01:12:15
927	Lynette	Glen	F	73	01:12:35
941	Steven	Hoffe	M	74	01:13:24
953	Hilet	J.v.Rensburg	F	75	01:13:40
954	Chaz	Jaftha	M	76	01:13:43
929	GODFREY ARTHUR	GOSLETT	M	77	01:13:54
905	Tiana	de Klerk	F	78	01:14:01
922	Evette	Fourie	F	79	01:14:28
966	Michelle	Loedolff	F	80	01:14:29
708	Kelly	Van Zyl	F	81	01:15:04
906	Mauritza	De Klerk	F	82	01:15:30
928	Mia	Goslett	F	83	01:16:10
925	Leesyl	Gibson	F	84	01:16:30
982	Ronel	Nieuwoudt	F	85	01:16:47
974	Christa	Mclver	F	86	01:16:50
608	Deleur	Stander	M	87	01:17:21
939	Peter	Hill	M	88	01:17:37
607	Melanie	Stander	F	89	01:17:47
944	Tatum	Howie	F	90	01:17:55
995	Daniel	Roebuck	M	91	01:18:14
598	Mellissa	Smit	F	92	01:18:55
887	Ian	Aspeling	M	93	01:19:01
886	Amy	Aspeling	F	94	01:19:02
523	Janet	Sharp	F	95	01:19:09
996	Craig	Sattary	M	96	01:19:11
909	Theonie	du Plessis	F	97	01:19:15
637	Hugo	Theron	M	98	01:19:20
973	Caroline	Magowan	F	100	01:20:39
682	Rian	Van Der Merwe	M	101	01:21:16
726	Hendri	Basher	M	102	01:21:20
972	Crawford	Macnab	M	103	01:21:32
985	Mark	Oosthuysen	M	104	01:22:47
971	Deb	Mackay	F	105	01:23:05

RaceNo	FirstName	Surname	Gender	Position	Time
603	Adele	Smith-Carstens	F	106	01:23:10
963	Garrin	Lambley	M	107	01:25:05
631	Gemma	Taylor	F	108	01:25:15
940	Margi	Hoffe	F	109	01:25:23
935	Caroline	Hartlieb	F	110	01:25:26
990	Catherine	Pitt	F	111	01:26:06
997	Asmaa	Sayed	F	115	01:27:00
946	Candice	Hughes	F	116	01:28:06
994	MONETA	ROBINSON	F	117	01:28:06
685	GERRIE	VAN DER WATT	M	112	01:28:50
923	Patricia	Gerth van Wijk	F	120	01:29:00
938	LARA	HILL	F	113	01:29:01
883	Kerri	Adlam	F	114	01:30:58
920	Carron	Finnan	F	124	01:32:00
975	Bianca	Messina	F	118	01:35:26
958	Philippa	Jones	F	119	01:35:29
898	Marilette	Brown	F	121	01:37:43
724	Esti	Koats	F	122	01:37:45
678	Charmaine	Van den Heuvel	F	123	01:38:28
998	Esther	Scholtz	F	125	01:40:27
917	Catharina	Farmer	F	126	01:45:08
891	Tracy	Berry	F	127	01:45:33
964	Martine	Levy	F	128	01:45:47