

# 10km Results Race 1 Grabouw 2019



Sat, 3 Aug 2019

RaceNo	FirstName	Surname	Gender	Position	Time
532	Samuel	Courts	M	1	00:36:37
600	Andrew	Louw	M	2	00:39:59
636	Daniel	Sims	M	3	00:41:38
505	Leon	Badenhorst	M	4	00:42:16
614	Marius	Oosthuizen	M	5	00:42:18
530	Jason	Courts	M	6	00:53:41
541	Frans	De Vos	M	7	00:53:51
605	Jarred	Meyer	M	8	00:54:38
670	Quintin	Smith	M	9	00:55:05
617	Melissa S	Phelps	F	10	00:55:21
675	Thursean	Cole	M	11	00:57:48
587	Ruben	Kannemeyer	M	12	00:57:51
501	Erich	Ahlers	M	13	00:57:52
596	Johan	Liebenberg	M	14	00:58:08
619	Alan	Pitt	M	15	00:58:16
649	Julia	Thompson	F	16	00:58:25
612	Lee	Nienaber	M	18	00:58:50
533	Gretchin	Davids	F	19	00:58:59
660	NICOLA	VERTUE	F	20	00:59:32
632	AD	Schoeman	M	21	00:59:34
676	Pieter	Greyling	M	22	00:59:48
633	Caroline	Sharp	F	23	00:59:49
611	Yolandie	Naude	F	24	00:59:52
575	Alan	Homewood	M	25	00:59:53
659	Martin Jacobus	Venter	M	26	01:00:10
589	Jon-Jon	Keegan	M	27	01:00:16
560	Jaco	Fourie	M	28	01:00:50
523	Micaela	Chevalier	F	29	01:01:00
662	Dean	Vizagie	M	30	01:01:11
549	Pippa	Durr	F	31	01:01:20
618	Gareth	Phelps	M	32	01:01:35
566	Craig	Girdlestone	M	33	01:01:51
542	Theresa	Dicey	F	34	01:02:07
553	David	Evans	M	35	01:02:26
651	Eben	Uys	M	36	01:02:59
550	Rebecca	Eberlin	F	37	01:03:41
514	Sianne	Bond	F	38	01:03:46
664	David	Weber	M	39	01:03:56
639	Julia	Smith	F	40	01:04:20
521	Patrick	Carroll	M	41	01:04:24
655	Danielle	Van Niekerk	F	42	01:04:37
528	Andrew	Colling	M	43	01:04:41
588	Jean-Pierre	Kannemeyer	M	44	01:04:50
536	Natasha	de Almeida	F	45	01:05:02
539	Tyler	de Villiers	M	46	01:05:03
529	Gillian	Couperthwaite	F	47	01:05:04
571	Alastair	Hendricks	M	48	01:05:06
590	Anita	Kieck	F	49	01:05:14
621	Roger	Poole	M	50	01:06:02
671	Dominique	Macnab	F	51	01:06:18
531	hannah	courts	F	52	01:06:41
672	Ellie	Courts	F	53	01:06:46
650	Jacoba Maria	Uys	F	54	01:06:56

RaceNo	FirstName	Surname	Gender	Position	Time
585	Alan	Kalton	M	55	01:07:09
506	Debbie	Baker	F	56	01:07:10
517	Melanie	Botha	F	57	01:07:22
642	Stella	Stapelberg	F	58	01:07:39
607	Rory	Moore	M	59	01:07:40
667	PHOEBE	WILLIAMS	F	60	01:08:13
602	Jono	Malan	M	61	01:08:14
546	Sanelle	Du Plessis	F	62	01:08:20
508	Catherine	Barnard	F	63	01:08:37
563	Miss B	Gero	F	64	01:08:50
625	Stephen John	Quirke	M	65	01:09:04
661	Marisa	Vieira	F	66	01:09:15
527	Richard	Cole	M	67	01:09:18
613	Maryna	Odendaal	F	68	01:09:29
512	Liezl	Bester	F	69	01:09:31
644	Coret	Steyn	F	70	01:09:40
631	Lisa	Schmidt	F	71	01:09:41
572	Sean	Hidden	M	72	01:09:53
557	Anza	Fischer	F	73	01:09:58
558	James	Fischer	M	74	01:09:59
551	Neil	Ebing	M	75	01:10:04
594	Martin	Lemmer	M	76	01:10:18
510	Kirsten	Batchelor	F	77	01:10:31
552	Louise	Engelbrecht	F	78	01:10:39
658	Henriette	Vd Watt	M	79	01:11:10
522	Julie	Chevalier	F	80	01:11:15
626	Anki	Riemer	F	81	01:11:18
565	Martin	Giles	M	82	01:11:24
500	Heather	Sampson	F	83	01:11:28
628	Daniel	Roebuck	M	84	01:11:36
597	Lee-Anne	Limerick	F	85	01:11:44
646	Lee-Zanne	Strydom	F	86	01:11:52
569	Christopher	Griebenouw	M	87	01:11:55
556	Troy	Fielies	M	88	01:12:19
540	Ria	De Villiers	F	89	01:12:31
666	Jacques	Wilkinson	M	90	01:12:33
509	Dorei	Barnes	F	91	01:12:38
609	Harley	Nash	M	92	01:12:49
634	Vicky	Shaw	F	93	01:13:07
524	Fennet	Cilliers	F	94	01:13:19
507	Shannon	Barlow	F	95	01:13:48
573	Margi	Hoffe	F	96	01:14:21
574	Steven	Hoffe	M	97	01:14:22
615	Sonja	Peacey	F	98	01:14:34
503	pamela	allen	F	99	01:15:05
504	Marc	Allen	M	100	01:15:07
586	Anton	Kannemeyer	M	101	01:15:35
582	Petra	Jaschke	F	102	01:15:58
620	Catherine	Pitt	F	103	01:16:04
534	Fiona	Davids	F	104	01:16:15
592	SONET	KRIEL	F	105	01:16:23
568	Tim	Glen	M	106	01:17:47
562	Dillan	Fuller	M	107	01:17:50
640	Tegan	Smith	F	108	01:17:59
580	Caroline	Hutchison	F	109	01:18:13
645	Ali	Strydom	F	110	01:18:27

RaceNo	FirstName	Surname	Gender	Position	Time
657	Kelly	Van Zyl	F	111	01:18:29
677	Rachelle	Bricout	F	112	01:18:33
555	Sabrina	Fielies	F	113	01:18:46
624	Aura	Quirke	F	114	01:19:00
581	Lindie	Jantjies	M	115	01:19:02
537	Tiana	de Klerk	F	116	01:19:28
564	Leesyl	Gibson	F	117	01:19:32
538	Mauritza	De Klerk	F	118	01:19:34
545	WILLIAM ROBERTSON	DOMMISSE	M	119	01:19:50
526	Adriana	Coetzee	F	120	01:20:32
604	Christa	Mclver	F	121	01:20:34
669	Bridget	Wrede	F	122	01:20:35
525	Tarryn	Clarke	F	123	01:20:38
638	Mellissa	Smit	F	124	01:21:37
648	Annika	Theron	F	125	01:21:46
516	Matthew	Bosworth-Smith	M	126	01:22:44
610	Gerhard	Naude	M	127	01:23:43
652	Willmund	van Aarde	M	128	01:23:45
622	Ruth	Primo	F	129	01:25:12
515	Tanja	Bosch	F	130	01:25:40
630	Natasha	Sauer	F	131	01:27:01
598	Fae	Londt	F	132	01:29:55
591	Heather	Kleynhans	F	133	01:32:23
554	Catharina	Farmer	F	134	01:32:40
643	Richard	Stevens	M	135	01:32:44
513	Nancy	Binedell Joubert	F	136	01:32:45
576	Debbie	Horsten	F	137	01:33:00
584	Francois	Joubert	M	138	01:33:03
579	Candice	Hughes	F	139	01:33:04
627	MONETA	ROBINSON	F	140	01:33:07
616	Alison	Pegg	F	141	01:33:51
547	Janette	Du Randt	F	142	01:33:54
673	Jacques	Printon	M	143	01:38:13
603	Benita	Maree	F	144	01:38:42
674	Liza	St James	F	145	01:39:18
548	Helen	Dumaresq	F	146	01:39:42
561	Marianna	Franck	F	147	01:39:44
559	Bridget	Fouche	F	148	01:40:01
535	Janine	Davies	F	149	01:40:02
570	Caroline	Hartlieb	F	150	01:44:11
663	Annick	Walsdorff	F	151	01:44:12
511	Tracy	Berry	F	152	01:45:18
641	Lyndall	Staden	F	153	01:45:19
595	Martine	Levy	F	154	01:48:14