



2018 Series - 21km

Name	Gender	Race 1	Race 2	Race 3	Total
Neil Broers	M	1:23:11	1:21:05	1:19:00	1:21:05
justin rowles	M	1:30:27	1:25:43	1:26:39	1:27:36
Kelly Jenkinson	F	1:50:01	1:43:54	1:41:05	1:45:00
Liezl Heerschap	F	1:54:43	1:57:20	1:53:14	1:55:06
VICTORIA BENNETTS	F	2:00:29	1:56:37	1:52:12	1:56:26
Jim Faulds	M	1:55:44	2:04:37	1:54:22	1:58:14
Richard van der Spuy	M	1:55:43	2:04:42	1:54:21	1:58:15
Grant Jenkinson	M	2:06:39	1:58:36	1:55:41	2:00:19
kelly neveling	F	2:04:26	1:59:59	1:56:49	2:00:25
Werner Lombard	M	2:04:25	2:11:29	2:07:37	2:07:50
Lisa Haakman	F	2:34:32	1:55:18	1:53:53	2:07:54
Anneline Hugo	F	2:23:23	2:17:10	2:10:45	2:17:06
Sandra Nell	F	2:23:22	2:17:12	2:10:46	2:17:07
Lyndsay Cyprianos	F	2:21:07	2:22:36	2:23:31	2:22:25
Carmen Barkhuizen	F	2:21:08	2:24:08	2:23:35	2:22:57
COLIN VAN DEN HEUVEL	M	2:26:24	2:24:22	2:18:41	2:23:09
Michele Priestman	F	2:28:01	2:42:53	2:30:44	2:33:53
Amy Coker	F	2:52:14	2:36:00	2:23:56	2:37:23
Linda Sparks	F	2:48:59	2:42:58	2:33:10	2:41:42
Chris Botha	M	2:52:12	2:45:29	2:34:38	2:44:06
Mari-Louise De Kock	F	2:52:13	2:45:30	2:34:40	2:44:08
zahiedah toefy	F	2:55:55	2:45:04	2:40:35	2:47:11