

No	Name	Surname	M/F	Time
802	Andrew	Louw	M	00:36:49.52
725	Eduan	Burger	M	00:39:08.38
739	Herman	De la Guerre	M	00:41:54.49
831	Yashin	Raghavjee	M	00:42:08.22
879	Omar	Itani	M	00:42:38.35
786	Neil	Hoy	M	00:43:02.88
742	Frans	De Vos	M	00:43:22.28
726	Willem	Burger	M	00:44:36.19
774	Graeme	Hammond	M	00:45:39.60
732	Kevin	Coldrey	M	00:46:42.75
842	Rouen	Smit	M	00:47:54.28
817	Felix	Neuberger	M	00:48:19.55
868	Carla	Whitehead	F	00:48:23.19
712	Reino	Bingle	M	00:48:42.99
757	John	French	M	00:49:32.64
862	Willie	Viljoen	M	00:50:01.38
740	Paul	de Villiers	M	00:50:47.39
813	Angus	Mullins	M	00:51:07.71
878	A	Lamont	M	00:51:51.49
875	Cara	Groas	F	00:51:59.68
783	Chris	Holdsworth	M	00:52:15.78
715	Quintin	Bohr	M	00:52:52.18
768	Jarrad	Grey	M	00:53:52.50
881	Hugo	van Heerden	M	00:54:28.55
804	John	Macdonald	M	00:54:39.36
864	David	Vinton	M	00:55:11.28
703	Alexandre	Barriere	M	00:55:38.46
776	Nicholas	Heins	M	00:55:52.60
791	Ruth	Kennard-Davis	F	00:56:42.03
758	Heinrich	Gericke	M	00:57:05.80
754	Anthea	Fourie	F	00:57:20.91
851	Jerome	Touze	M	00:57:27.47
714	Pierre	Blignaut	M	00:57:40.75
713	Elrita	Blignaut	F	00:57:42.00
779	Rudi	Heydenrych	M	00:58:44.08
861	Quintin	van Wyk	M	00:58:46.39
844	Marlize	Steenkamp	F	00:59:19.14
874	Neil	Boshoff	M	00:59:26.18
790	Alan	Kalton	M	01:00:50.44
812	John	Mullins	M	01:00:51.80
798	Imke	Lombard	F	01:01:30.72
819	Nikki	Parker	F	01:01:42.75
718	Anita	Breed	F	01:02:33.96
818	Gideon	Nieuwoudt	M	01:04:01.69
722	dylan	brown	M	01:04:33.00
821	Paige	Phillips	F	01:04:38.88

796	Johan	Liebenberg	M	01:04:56.35
808	Colly	Mdunge	F	01:05:16.49
759	Martin	Giles	M	01:05:42.13
841	Jamie	Slingers	F	01:06:10.35
858	Danielle	Van Niekerk	F	01:06:11.74
733	Andrew	Colling	M	01:06:14.49
724	Julia	Bujotzek	F	01:06:27.14
748	Hannah	Donald	F	01:06:44.61
827	Adele	Pretorius	F	01:06:57.25
707	Jean	Berrisford	F	01:06:59.07
756	Melanie	Franke-Quitt	F	01:07:32.30
721	Linda	Brown	F	01:07:47.47
741	André	De Vos	M	01:08:21.75
854	Willmund	van Aarde	M	01:09:15.64
789	SHERALEE	JONES	F	01:09:26.75
793	Jackie	Lategan	F	01:09:42.85
751	Brett	Ellis	M	01:10:37.07
752	Frances	Ellis	F	01:10:38.39
836	Lisa	Schmidt	F	01:10:54.83
869	Jacques	Wilkinson	M	01:11:05.32
727	ROB	BURNS	M	01:11:14.74
747	Elaine	Dommissie	F	01:12:05.91
731	Retha	Clift	F	01:12:21.63
830	Clarissa-Mari	Rabie	F	01:12:37.35
729	Anthony	Caisley	M	01:12:51.00
803	Shanee	Louw	F	01:14:14.38
778	Jeanne	Heunis	F	01:14:16.30
846	Coret	Steyn	F	01:14:18.63
863	Rene	Viljoen	F	01:14:56.75
853	Anton	Uys	M	01:14:57.91
820	Denise	Phillips	F	01:15:02.05
826	Christine	Potgieter	F	01:15:15.39
723	Michele	Bruwer	F	01:15:29.82
829	Suzanne	Pullinger	F	01:15:32.05
770	Chris	Griebenouw	M	01:16:20.52
781	Margi	Hoffe	F	01:16:52.60
782	Steven	Hoffe	M	01:16:54.94
839	Marquerite	Schutte	F	01:16:58.77
838	Frans	Schutte	M	01:17:00.28
735	Philip	Crous	M	01:17:27.14
787	Sharon	Hulley	F	01:17:38.97
825	Gary	Pond	M	01:18:33.55
876	TC	Louw	M	01:18:44.27
704	Hester	Basson	F	01:19:55.19
762	Chloe	Gojon Lötter	F	01:19:58.63
717	MELANIE	BRAND-VAN WYK	F	01:20:12.43
837	Pieter	Schoeman	M	01:20:15.32

870	Eva	Rienharne	F	01:20:31.88
794	Francois	Laubscher	M	01:21:43.21
840	Waheeb	Slarmie	M	01:22:19.30
877	Janno	Van Zyl	M	01:23:02.58
716	Stephan	Boshoff	M	01:23:04.64
701	Marike	Barnard	F	01:23:40.18
799	Elna	Lombard	F	01:23:42.32
880	Caroline	Huchison	F	01:24:37.61
763	Talya	Goldberg	F	01:24:57.93
705	Ashleigh	Bent	F	01:25:16.82
807	Helen	McClean	F	01:26:05.11
775	Caroline	Hartlieb	F	01:26:07.63
816	Marianne	Nelson	F	01:26:50.64
769	Christopher	Griebenouw	M	01:27:13.47
848	Lee-Zanne	Strydom	F	01:27:15.55
845	Richard	Stevens	M	01:28:20.14
784	Debbie	Horsten	F	01:28:23.07
832	Bettie	Roelofse	F	01:28:52.58
823	Willemien	Pieterse	F	01:28:54.19
728	Michael	Burton - Durham	M	01:29:12.39
753	YVETTE	FISHER	F	01:29:15.39
702	Veronica	Barnes	F	01:29:17.39
795	Jane	le Roux	F	01:29:19.68
755	Marianna	Franck	F	01:31:27.43
834	Karla	Rossouw	F	01:31:29.89
850	Jennifer	Thompson	F	01:33:14.82
767	Brad	Gray	M	01:33:19.41
738	Tania	de Jager	F	01:33:23.11
828	Christo	Pretorius	M	01:33:43.03
843	Elsbeth	Spies	F	01:33:44.75
749	CANDICE	DUMAS	F	01:33:46.86
871	Elsa	Theron	F	01:36:31.03
711	Tracy	Berry	F	01:37:43.11
872	Carron	Finnan	F	01:38:21.61
873	Odette	Green-Thompson	F	01:38:22.89
760	Lesley	Gillett	F	01:41:24.94
761	Louise	Gillett	F	01:41:37.78
734	Cecile	Collyer	F	01:41:40.78
806	Benita	Maree	F	01:47:46.47
867	Diana	Weibel	F	01:55:18.61
833	Corne	Rossouw	F	02:13:51.11
706	Douglas	Bentley	M	02:34:28.83
773	Janet	Gutsche	F	02:34:31.39
852	Dale	Tristram	M	02:34:45.41