

Place	Number	Time	Name	Distance	Gender	Time
1	550	00:24:03	Jacques Van Renil	6km	Male	00:24:03
2	599	00:25:50	Reece Brooks	6km	Male	00:25:50
3	596	00:25:56	Neil Jackson	6km	Male	00:25:56
4	558	00:27:31	Elizabeth Gouveia	6km	Female	00:27:31
5	534	00:27:56	Rozelle Meier	6km	Female	00:27:56
6	552	00:31:33	Enrico Roman	6km	Male	00:31:33
7	576	00:31:40	Neil Rossouw	6km	Male	00:31:40
8	580	00:32:15	Marco Rademan	6km	Male	00:32:15
9	563	00:33:21	Wessel vd Mescht	6km	Male	00:33:21
10	562	00:34:00	Tricia vd Mescht	6km	Female	00:34:00
11	585	00:34:08	Robyn Kopp	6km	Female	00:34:08
12	588	00:34:47	Cilliers Neethling	6km	Male	00:34:47
13	587	00:34:50	Nadia Neethling	6km	Female	00:34:50
14	578	00:35:04	Reed Conway	6km	Male	00:35:04
15	573	00:35:51	Danielle Van Niekerk	6km	Female	00:35:51
16	574	00:35:55	Andrew Colling	6km	Male	00:35:55
17	567	00:36:04	Rene Viljoen	6km	Female	00:36:04
18	568	00:36:08	Jeanne Heurus	6km	Female	00:36:08
19	595	00:36:10	Nicolette Geldenhuys	6km	Female	00:36:10
20	593	00:36:40	Imelda vd Berg	6km	Female	00:36:40
21	584	00:37:17	Benji Kopp	6km	Male	00:37:17
22	570	00:37:44	Kirsty Davidson	6km	Female	00:37:44
23	589	00:37:50	Annemarie Moorman	6km	Female	00:37:50
24	590	00:37:55	Ruan Herbert	6km	Male	00:37:55
25	566	00:38:04	Mandy Neveling	6km	Female	00:38:04
26	542	00:38:27	Dewald Treurnich	6km	Male	00:38:27
27	564	00:38:50	Chanel Baumgarten	6km	Female	00:38:50
28	559	00:39:04	Kilma Coerecius	6km	Female	00:39:04
29	586	00:41:06	Linda Wolf	6km	Female	00:41:06
30	581	00:41:10	Kaityn Bedford	6km	Female	00:41:10
31	544	00:41:37	Lindie van der Merwe	6km	Female	00:41:37
32	535	00:41:44	Nicolette Metcalf	6km	Female	00:41:44
33	526	00:41:51	Andre Jones	6km	Male	00:41:51
34	551	00:42:00	Teresa Brooks	6km	Female	00:42:00
35	537	00:42:10	Liezette Peters	6km	Female	00:42:10
36	501	00:42:28	johan brink	6km	Male	00:42:28
37	503	00:42:38	Garett Goss	6km	Male	00:42:38
38	572	00:43:19	Charmaine Fredericks	6km	Female	00:43:19
39	560	00:43:30	#N/A	#N/A	#N/A	#N/A
40	597	00:43:34	#N/A	#N/A	#N/A	#N/A
41	507	00:43:45	Jaco Kriel	6km	Male	00:43:45
42	505	00:44:09	Elizna Hougaard	6km	Female	00:44:09
43	524	00:44:34	Marisa Janse van Vuuren	6km	Female	00:44:34
44	512	00:45:25	Trevor Smit	6km	Male	00:45:25
45	521	00:45:28	ILANA HALL	6km	Female	00:45:28
46	601	00:45:37	Tauriq Latief	6km	Male	00:45:37
47	565	00:46:04	Rudolph Briers	6km	Male	00:46:04

48	575	00:46:24	Julie Knapp	6km	Female	00:46:24
49	561	00:47:31	Carron Finnan	6km	Female	00:47:31
50	513	00:47:57	Surita Smit	6km	Female	00:47:57
51	511	00:47:58	Sunette Smit	6km	Female	00:47:58
52	536	00:49:05	Celso Moreira	6km	Male	00:49:05
53	600	00:49:10	Mishaat Latiel	6km	Female	00:49:10
54	594	00:49:41	Jessica Erasmus	6km	Female	00:49:41
55	569	00:50:17	Roan Dearham	6km	Male	00:50:17
56	525	00:50:43	Wilna Jansen van Rensburg	6km	Female	00:50:43
57	523	00:51:42	Naadhira Hoosain	6km	Female	00:51:42
58	23	00:52:06	Claudene Pretorius	6km	Female	00:52:06
59	532	00:52:15	Marie-Louise Lerm	6km	Female	00:52:15
60	540	00:52:21	Kay Jochems	6km	Female	00:52:21
61	519	00:52:31	Marlene Dempers	6km	Female	00:52:31
62	539	00:53:56	Dalene Pieterse	6km	Female	00:53:56
63	515	00:54:20	Suzanne van Zyl	6km	Female	00:54:20
64	508	00:54:22	Lurene Krone	6km	Female	00:54:22
65	545	00:54:36	RENE VAN STADEN	6km	Female	00:54:36
66	543	00:54:38	SUZANNE TWENTYMAN-JONES	6km	Female	00:54:38
67	506	00:54:45	Elmien Kriel	6km	Female	00:54:45
68	504	00:54:50	Anton Hougaard	6km	Male	00:54:50
69	516	00:54:54	Sue Blomerus	6km	Female	00:54:54
70	549	00:55:04	Tracy Berry	6km	Female	00:55:04
71	592	00:55:10	Charlene Bell	6km	Female	00:55:10
72	80	00:55:20	Paulin Wilkins	6km	Female	00:55:20
73	571	00:55:22	Helen Davidson	6km	Female	00:55:22
74	509	00:57:05	Bayla Lentz	6km	Female	00:57:05
75	531	00:57:09	Ryeleigh Lentz	6km	Female	00:57:09
76	591	00:58:44	Melissa Rossouw	6km	Female	00:58:44
77	582	01:02:21	Faryn Wilson	6km	Female	01:02:21
78	579	01:02:56	Sandy Wilson	6km	Female	01:02:56
79	500	01:03:12	wihan brink	6km	Male	01:03:12
80	502	01:03:14	wilna brink	6km	Female	01:03:14
81	530	01:03:24	Darren Lentz	6km	Male	01:03:24
82	529	01:03:30	Tamsyn Lentz	6km	Female	01:03:30
83	583	01:04:01	Keira Wilson	6km	Female	01:04:01
84	999	01:04:52	#N/A	#N/A	#N/A	#N/A
85	577	01:07:05	Samantha Rossouw	6km	Female	01:07:05
86	517	01:07:49	Helena Bougas	6km	Female	01:07:49
87	527	01:07:55	Neil Kramm	6km	Male	01:07:55
88	528	01:07:57	Phelia Kramm	6km	Female	01:07:57